

MOTIVATIONAL INTERVIEWING BASICS

Advancing the Profession since 2016

“Wow I wish I hadn't waited so long to take this course”
JAMIE, NH



MOTIVATE THROUGH CHANGE FOR CONVERSATION SKILLS

This training will take place over three sessions, each providing homework. This training will cover the foundations of the evidence-based Motivational Interviewing skill and emphasize the reduced power differential essential in peer service delivery. After orientation to the underlying spirit and principles of MI, practical exercises help participants strengthen empathy skills and gain an understanding of MI Technique OAR.



Choices Training is an NAADAC Approved Provider in 25 states (see website for approved states). Choices is also recognized by the following agencies/boards: CO-COPA, CT Certification Board, MD- MACPB, ME Certification Boards, NH OPLC, FL Certification Board, and others.

Choices Recovery Trainings is dedicated to providing intentional relatable training to increase knowledge around addiction and recovery and improve outcome for everyone.

COURSE OBJECTIVES

- Gain a strong foundation of the spirit of MC
- Implement Active Listening
- Understand O.A.R.S.
- Identify Ambivalence
- Experience appropriate peer coach role practice

WHO SHOULD ATTEND

- Peer Recovery Coaches
- Case Workers
- Community Workers
- Social Workers
- Family Court Workers
- Anyone who wants to improve their communication skills!

10 CE'S AWARDED



VISIT OUR WEBSITE FOR VIRTUAL AND
IN PERSON SCHEDULING

SCAN ME